

From the
Health Ministry Vision

“...Like a stone cast into the middle of a still pond creating rings that expand to unseen shores, the compassionate and merciful endeavors of the Health Ministry will ripple through the parish community, touching people in positive, unexpected ways... members of our parish community will be empowered and inspired to draw ever closer to Jesus.”

Parish Nurse Roles

Health Educator: Provide health information through a variety of educational activities.

Personal Health Counselor: Discuss health issues and problems with individuals and families and make appropriate referrals to a variety of health care professionals and community resources.

Health Advocate: Empower individuals as they journey through the medical system. Assist in connecting people to the appropriate health care providers and community agencies. Listen and support individuals and families in various health care situations.

Integrator of Faith and Healing: Help people to understand the relationship between faith and health.

**Are You Interested to Visit
with a Parish Nurse?**

If you would like to learn more about what a Parish Nurse can offer, please contact the Health Ministry to make an appointment, using one of the following:

- ❑ Call the **Health Ministry Message Line** and leave a message with your name, phone number, and a good time for the Parish Nurse to call you:

402-519-3036

Or

- ❑ Go online to the following website and complete the online Parish Nurse request form:

***[www.stceciliahastings.com/
health-ministry.html](http://www.stceciliahastings.com/health-ministry.html)***

***Contact Your Health Ministry
with Your Questions...
Email Susan Ferrone:
sferrone@windstream.net, or
call the number above
and leave a message.***



Health Ministry
Parish Nursing



The mission of the Health Ministry is to promote health and wellness of body, mind, and spirit within our parish and community.

What is a Parish Nurse?

A Parish Nurse is a professional nurse licensed in Nebraska, and who has completed a specialized training course in Parish Nursing.

The training course teaches nurses how to enhance their nursing skills and perspective by adding faith outreach and spiritual engagement tools and techniques. Parish Nurses are then able to spiritually touch the lives of those in need, in addition to providing basic forms of health services.

What is Parish Nursing?

Sometimes it is difficult to know what health services and resources are available. On average, most people don't know what they don't know about available resources for health services. This makes it difficult for many people to find the resources they need. On top of that, in the midst of crisis and confusion, spirituality often suffers. Parish Nursing offers the bridge between a person's unique situation, and the available resources to help them, and it is delivered with spiritual nurturing as a primary goal.



Why do We have Parish Nursing?

The parishioners were surveyed in 2014 regarding their needs and challenges. There was an overwhelming response to this survey, and it was evident that people are in great need. The Health Ministry was created in response to the survey by St. Cecilia Catholic Church in 2014 through the understanding that the church has a role in healing which has been recognized since earliest Christianity. The very nature of the church is to be a healing community in the wholistic concept of recognizing health as encompassing body, mind, and spirit. Parish Nurses will embody this concept in their ministry with the main focus of fostering the integration of faith and health.

**Parish Nurse Request Form
Located on the Website**

What Can a Parish Nurse Do for Me?

The Parish Nurse is your personal connection to the parish family when you are in need. She or he can be your champion and support when you are in need. Here are some specific offerings:

- Offer support to individuals and families who are experiencing health difficulties.
- Offer support to individuals who are in care-giving roles.
- Offer presence and prayer during times of crisis.
- Offer presence and prayer during times of celebration.
- Encourage individuals toward healthy living through health awareness, good nutrition, and spiritual growth.
- Coordinate classes and seminars related to health concerns.
- Respect confidentiality in all interactions.

What the Parish Nurse Cannot Do:

- Replace your health care provider.
- Replace pastoral care.
- Provide invasive nursing actions or procedures.
- Administer medications.

www.stceciliahastings.com/health-ministry.html